



Trusted advisor to all levels of leadership and aspiring professionals. Through evidence-based solutions and passionate coaching, Sarah helps leaders find clarity so they can take action and unlock their full potential.

Sarah Nielsen, PhD

## AREAS OF EXPERTISE

- Leadership Development
- Higher Education
- Work-Life Fit
- Emotional Intelligence

## SERVICES

- 1 on 1 and Team Coaching
- Personal Transformation
- Workshops & Retreats
- Speaking Engagements

## EDUCATION/CREDENTIALS

- PhD & Masters degrees in Organizational Psychology
- ICF Associate Certified Coach (ACC)
- Certified in various leadership & personality assessments

## EXPERIENCE

Dr. Sarah Nielsen is a Leadership & Performance Coach and facilitator, with over 20 years of experience as a psychologist, professor, and consultant. She specializes in helping leaders, executives, and aspiring professionals get results. As a behavioral scientist, she helps clients go below the surface to gain self-awareness and leverage evidence-based solutions to achieve goals and increase effectiveness.

Sarah works with both emerging and seasoned leaders that are ready for change and committed to growth. Whether you are a recent college grad looking for direction, a parent transitioning back into the workplace, university faculty navigating challenges, or an executive concerned with your leadership effectiveness, you can trust that you will leave with greater self-awareness and the tools and strategies you need to achieve your goals.

*As a passionate and trusted advisor, Sarah helps her clients envision their future, catalyze success, and get results.*

## CONTACT

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